



ERASMUS + COPENHAGEN

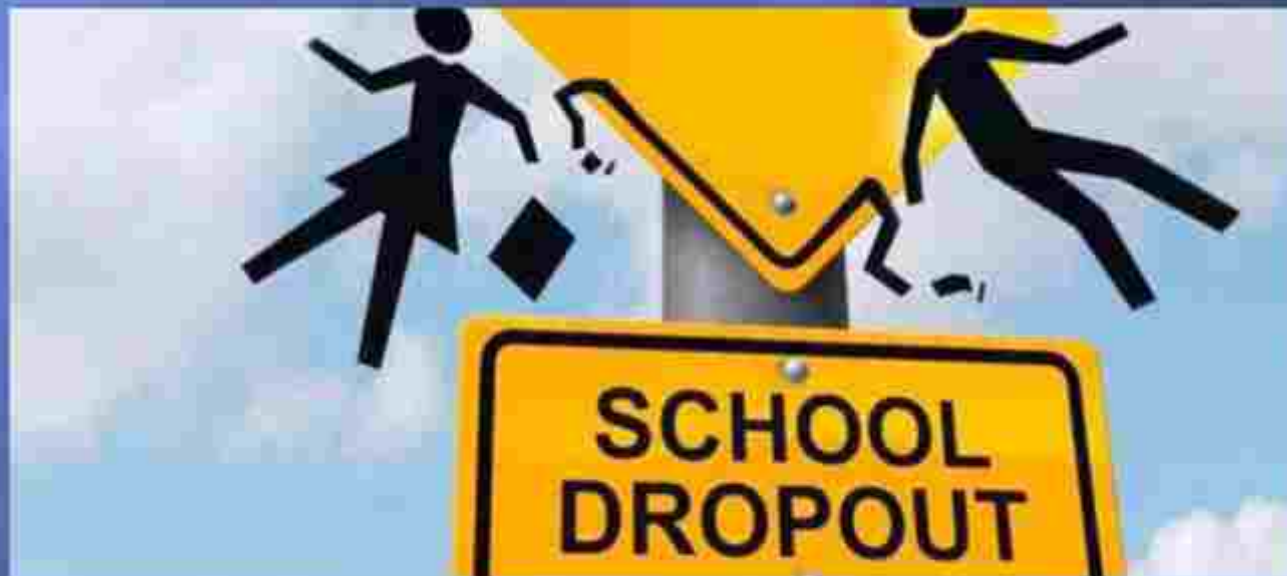
EUROPASS TEACHER ACADEMY

The course



PREVENTING EARLY SCHOOL LEAVING: STRATEGIES AND TOOLS FOR TEACHERS

September 23 - September 29, 2024 -
Copenhagen





Welcome to
Denmark!!







Italy and Iceland



WHY EARLY SCHOOL LEAVING AND WHAT TO DO

Early leavers from education and training, 2021
(% of population aged 18-24)



Think and Grow **RICH**

Original 1937 Edition



Napoleon Hill

**RESULTS =
X+Y+Z**

Key factors

THOUGHTS

FEELINGS

ACTIONS

Key factors

RESULTS:

THOUGHTS + FEELINGS + WHY	ACTIONS HOW
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Thoughts create feelings
... and they are expressed in our
actions

If they are in harmony, results
arrive



LEAVING THE MONKEY MIND



- How to connect inside
- How to be safe and sure in silence
- How to train positive energy

OM
SWEET
HOME



Meditate at least six minutes a day



What is important to feel good



Work	Life	Relationships
Active	Openness	Colours
Work	Change	Laundry
Responsibility	Skills	Books
Team	Motivation	Plants
Trust	Dedication	Relationships
Confidence	Satisfaction	Health
Security	Love	Goals
Stress	Health	Family
Relationships	Commitment	Home
Intuition	Communication	
Unlabeled	Climate	
Ability	Wasteless	
	Resilience	
	Efficiency	



Walking along the
lake
talking about the
main reasons for
early school leaving

**PLAYFUL LEARNING
TO ENGAGE
AND MOTIVATE
LEARNERS**

Together it's better



T OGETHER

E VERYONE

A CHIEVE

M ORE



THE KEY ROLE OF WELL-BEING

PERFORMANCE

PERFORMANCE

RESULTS



Well-being

COMMUNITY

Well-being

Like me

Safe and secure



Both sides are important and they should be balanced

Inside out

Feel

Well-being

High touch

Self-esteem

Present

leadership

WHY

Thoughtings



HOW

Outside in

See/hear

Performance

High-tech

Self-confident

Togetherness

Management

feelings

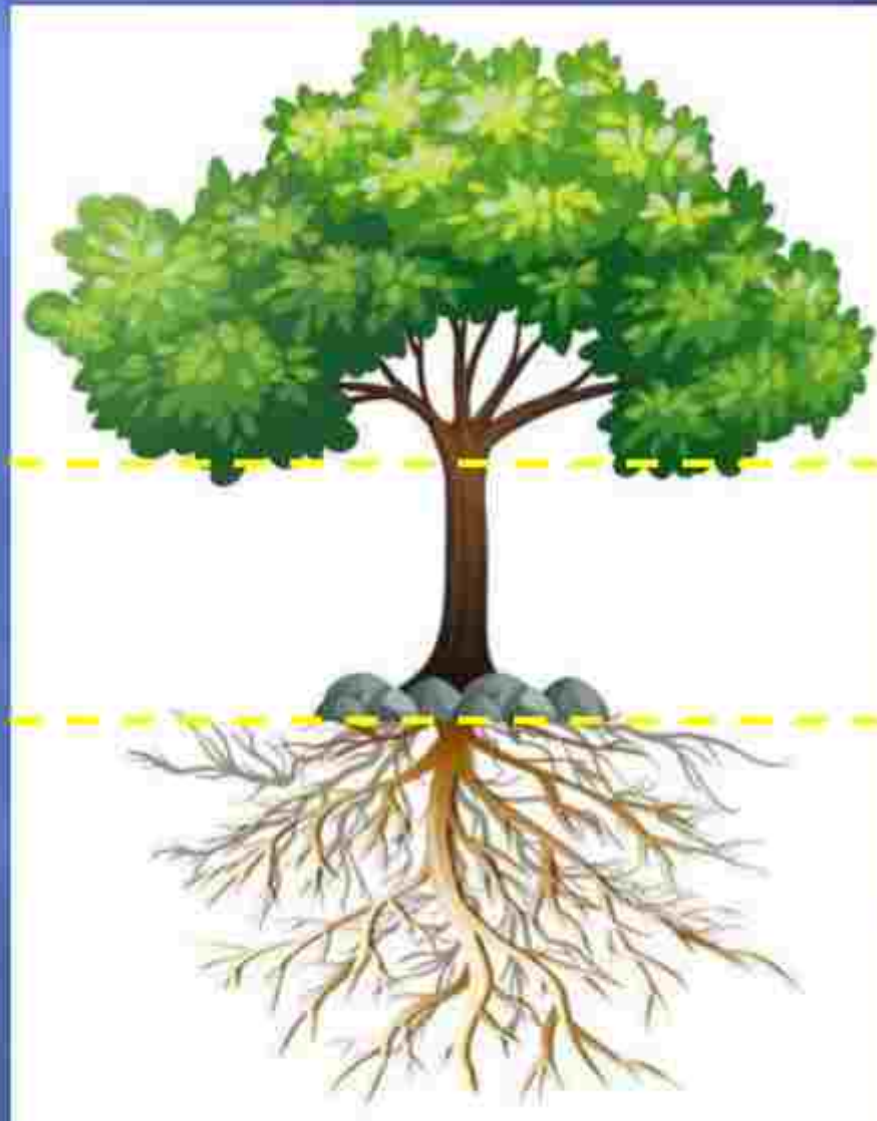


actions

BALANCE

Self-esteem \neq self-confidence

What is school worried about to strengthen?



Self-confidence

Self-esteem

Self-esteem

VIA Classification of character strengths

By Christopher Peterson and Martin Seligman

The 24 Character Strengths

In the early 2000s, something groundbreaking occurred in the social sciences: Scientists discovered a common language of 24 character strengths that make up what's best about our personality. Everyone possesses all 24 character strengths in different degrees, so each person has a truly unique character strengths profile. Each character strength falls under one of these six broad virtue categories, which are universal across cultures and nations.

WISDOM	Creativity	Curiosity	Judgment	Love of Learning	Perspective
COURAGE	Bravery	Perseverance	Honesty	Zest	
HUMANITY	Love	Kindness	Social Intelligence		
JUSTICE	Teamwork	Fairness	Leadership		
TEMPERANCE	Forgiveness	Humility	Prudence	Self-Regulation	
TRANSCENDENCE	Appreciation of Beauty and Excellence	Gratitude	Hope	Humour	Spirituality

On the hot chair



Our
positive
"character"



**STRENGTHENING
AND CULTIVATING
SELF ESTEEM**

THE SIX PILLARS OF SELF ESTEEM

PILLAR 1: THE PRACTICE OF LIVING CONSCIOUSLY



PILLAR 2: THE PRACTICE OF SELF ACCEPTANCE



PILLAR 3: THE PRACTICE OF SELF RESPONSIBILITY



PILLAR 4: THE PRACTICE OF SELF ASSERTIVENESS



PILLAR 5: THE PRACTICE OF LIVING PURPOSEFULLY



PILLAR 6: THE PRACTICE OF PERSONAL INTEGRITY



Nathaniel Branden

Tale of Two Wolves

An old Cherokee told his grandson,

"My son, there is a battle between two wolves inside us all.

One is Evil. It is anger, jealousy, greed, resentment, inferiority, lies & ego.

The other is Good. It is joy, peace, love, hope, humility, kindness, empathy, & truth."

The boy thought about it, and asked, "Grandfather, which wolf wins?"

The old man quietly replied,

"The one you feed."

~ Author Unknown ~



VIA 9GAG.COM

**It depends on
what
kind of wolf
You are
feeding**

**THE GOOD LEADER
MAKES PEOPLE FEEL GOOD ABOUT
HER/HIM.**

**THE EXCELLENT LEADER MAKES
PEOPLE FEEL GOOD
ABOUT THEMSELVES**

*Remember: you are a leader!!!
You can inspire your students!*

OUR LEADER



We passed!!!





COPENHAGEN



1 DAY



From Catania Fontanarossa Airport to a walking tour of Copenhagen through the **Botanic Gardens**, the lovely **Palm House** and **Butterfly house** and the freetown of **Christiania**, a Danish special community, now home to several businesses and entertaining places.



DAY 2

Rosenborg, Christian IV's small pleasure castle, was built in the years 1606-1634. Danish kings and queens have hidden here their most precious treasures and, in the basement under the castle, we admired the magnificent sight of the crown jewels.



DAY 3

A canal boat tour to appreciate Copenhagen from the water and then a stroll along **Nyavhn**, the most famous waterfront district with its iconic colourful houses reflecting in the water.



DAY 4

Here she is, the most famous girl in the world, the **Little Mermaid**... and, later on, **C.J. Carlsberg Glyptotek**, a unique mix of art and beautiful architectural settings, an oasis to relax and enjoy art as well.



DAY 5

In the blink of an eye, crossing the Oresund bridge by train, we were in Sweden, in **Malmo**, the third-largest city of the country. It houses many historic buildings and parks, as well as a University and an important football stadium.



DAY 6

The **Black Diamond** is the astonishing house to the Royal Danish Library and it is the cultural centre of Copenhagen with lots of events all year round. Everyone here is welcome.



DAY 6

Once home to kings and queens, **Christiansborg Palace** now houses the Parliament, the Supreme Court and the Ministry of State. The state rooms are still used by the Royal Family for functions and events.



DAY 7

Located in the narrow stretch of water between Denmark and Sweden, the **Royal Castle of Kronborg** is an outstanding example of Renaissance castle. It is also world-famous as Elsinore, the setting of Shakespeare's Hamlet.



The Louisiana Museum of Modern Art

DAY 7



**LOUISIANA
LOUISIANA
LOUISIANA
LOUISIANA**



DAY 8

Coming back home with eyes and hearts full of wonder...



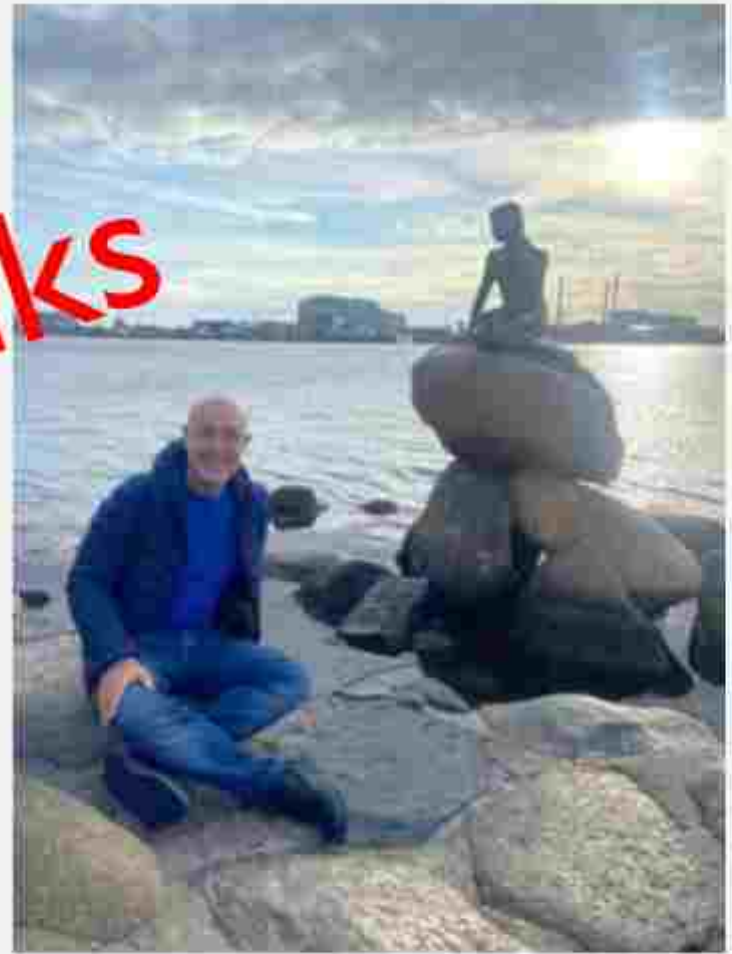


FOOD

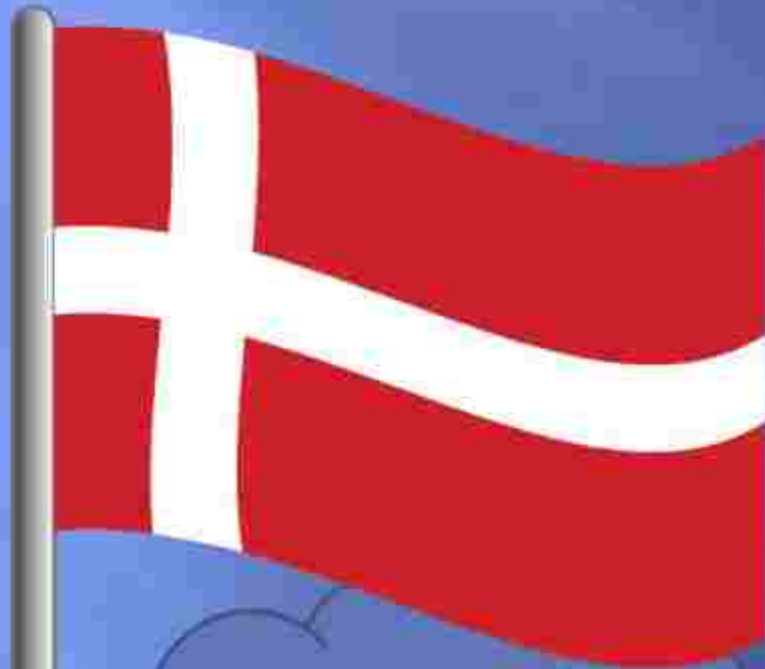


NOT SO VARIOUS...BUT
WORTH TASTING

OUR TRAVEL AGENTS!!



Thanks



**Mission
accomplished**
souvenir cup
delivered to the
contact person



“la lingua del cuore trasmette energia”

L'esperienza vissuta ha risposto pienamente alle mie aspettative: ho deciso di fare questa esperienza perché spinto da un bisogno di rinnovarmi e trovare stimoli nuovi per l'insegnamento e quando ho capito che con il progetto Erasmus questo desiderio poteva conciliarsi anche con la mia passione per i viaggi e il desiderio di conoscere nuovi stili di vita, ho subito colto l'occasione. Anche se ho fatto i conti con la mia poca conoscenza della lingua inglese, come ha detto Mette, consegnandomi il diploma, “la lingua del cuore trasmette energia” e se siamo in armonia, i risultati arrivano; forza dunque: alleniamoci per sviluppare l'energia positiva!

**THANK YOU FOR YOUR
ATTENTION**